



Lunch Orders - Please complete the form below to order a lunch. Lunches will be £2.00 per day and must be paid with the order form. Simply tick a main course and a pudding. To cancel a lunch please telephone 01989 730353 or email info@apricotcatering.co.uk before 9am.

Monday 20th February 2012	
Mild Chicken Curry & Rice	
OR Jacket Potato with Cheese & Beans	
OR Chickpea & Green Lentil Curry	
Seasonal Vegetables	
Oaty Fruit Crumble & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 21st February 2012	
Traditional Lamb Irish Stew	
OR Jacket Potato with Bacon & Cheese	
OR Home Made Vegetable Pie	
Seasonal Vegetables	
Mandarin Fruit Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 22nd February 2012	
Traditional Beef Bolognese Bake	
OR Jacket Potato with Chicken & Tomato Sauce	
OR Cheesy Vegetable Pasta Bake	
Served with Seasonal Vegetables	
Chocolate Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 23rd February 2012	
Roast Chicken, Roast Potatoes & Gravy	
OR Jacket Potato with Tuna & Mayonnaise	
OR Red Pepper & Vegetable Slice	
Served with Seasonal Vegetables	
Individual Fruit Smooth Yoghurts	
OR Fresh Fruit	
Friday 24th February 2012	
Traditional Fish Pie	
OR Jacket Potato with Cheese & Beans	
OR Macaroni Cheese & Herb Bread Wedges	
Served with Peas & Baked Beans	
Home Made Rice Pudding	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	

Monday 27th February 2012	
Harvest Chicken Casserole & Rice	
OR Jacket Potato with Cheese & Beans	
OR Home Made Vegetable & Lentil Hot Pot	
Seasonal Vegetables	
Chocolate Pudding & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 28th February 2012	
Sausage with Rich Gravy	
OR Jacket Potato with Tuna & Mayonnaise	
OR Vegetarian Sausage Casserole	
Seasonal Vegetables & Potatoes	
Fruit Cocktail Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 29th February 2012	
Beef Lasagne with crusty bread wedges	
OR Jacket Potato with Beans & Cheese	
OR Veggie Lasagne with crusty bread wedges	
Seasonal Vegetables	
Lemon Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 1st March 2012	
Roast Pork, Roast Potatoes & Gravy	
OR Jacket Potato with Sausage & Beans	
OR Traditional Nut Roast	
Served with Seasonal Vegetables	
Individual Smooth Yoghurts	
OR Fresh Fruit	
Friday 2nd March 2012	
Oven Baked Fishcakes	
OR Jacket Potato with Cheese & Beans	
OR Spicy Potato Cakes	
Peas & Baked Beans	
Home Made Strawberry Mousse	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	

Monday 5th March 2012	
Chicken with Mild Cajun Sauce & steamed rice	
OR Jacket Potato with Cheese & Beans	
OR Macaroni Cheese & Herb Bread Wedges	
Seasonal Vegetables	
Pineapple Upside Down Pudding & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 6th March 2012	
Cottage Pie Topped with Mashed Potato	
OR Jacket Potato with Bacon & Cheese	
OR Quorn Mince Cottage Pie	
Seasonal Vegetables	
Home Made Fruit Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 7th March 2012	
Tuna, Tomato & Bean Pasta Bake	
OR Jacket Potato with Cheese & Beans	
OR Chickpea, Tomato Bean & Pasta Bake	
Seasonal Vegetables	
Sultana Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 8th March 2012	
Roast Beef & Y. Pudding, Roast Potatoes & Gravy	
OR Jacket Potato with Chicken & Tomato Sauce	
OR Classic Lentil Roast	
Served with Seasonal Vegetables	
Individual Smooth Yoghurts	
OR Fresh Fruit	
Friday 9th March 2012	
Omega 3 Fish Fingers	
OR Jacket Potato with Cheese & Beans	
OR Spicy Bean Burger with Home Made Tomato sauce	
Mashed Potato, Peas & Baked Beans	
Home Made Bread & Butter Apple Pudding	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	





Lunch Orders - Please complete the form below to order a lunch. Lunches will be £2.00 per day and must be paid with the order form. Simply tick a main course and a pudding. To cancel a lunch please telephone 01989 730353 or email info@apricotcatering.co.uk before 9am.

Monday 12th March 2012	
Mild Chicken Curry & Rice	
OR Jacket Potato with Cheese & Beans	
OR Chickpea & Green Lentil Curry	
Served with Seasonal Vegetables	
Oaty Fruit Crumble & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 13th March 2012	
Traditional Lamb Irish Stew	
OR Jacket Potato with Bacon & Cheese	
OR Home Made Vegetable Pie	
Served with Seasonal Vegetables	
Mandarin Fruit Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 14th March 2012	
Traditional Beef Bolognese Bake	
OR Jacket Potato with Chicken & Tomato Sauce	
OR Cheesy Vegetable Pasta Bake	
Served with Seasonal Vegetables	
Chocolate Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 15th March 2012	
Roast Chicken, Roast Potatoes & Gravy	
OR Jacket Potato with Tuna & Mayonnaise	
OR Red Pepper & Vegetable Slice	
Served with Seasonal Vegetables	
Individual Fruit Smooth Yoghurts	
OR Fresh Fruit	
Friday 16th March 2012	
Traditional Fish Pie	
OR Jacket Potato with Cheese & Beans	
OR Macaroni Cheese & Herb Bread Wedges	
Served with Peas & Baked Beans	
Home Made Rice Pudding	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	

Monday 19th March 2012	
Harvest Chicken Casserole with Rice	
OR Jacket Potato with Cheese & Beans	
OR Home Made Vegetable & Lentil Hot Pot	
Seasonal Vegetables	
Chocolate Pudding & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 20th March 2012	
Sausage with Rich Gravy	
OR Jacket Potato with Tuna & Mayonnaise	
OR Vegetarian Sausage Casserole	
Seasonal Vegetables & Potatoes	
Fruit Cocktail Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 21st March 2012	
Beef Lasagne with crusty bread wedges	
OR Jacket Potato with Beans & Cheese	
OR Veggie Lasagne with crusty bread wedges	
Seasonal Vegetables	
Lemon Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 22nd March 2012	
Roast Pork, Roast Potatoes & Gravy	
OR Jacket Potato with Sausage & Beans	
OR Traditional Nut Roast	
Served with Seasonal Vegetables	
Individual Smooth Yoghurts	
OR Fresh Fruit	
Friday 23rd March 2012	
Oven Baked Fishcakes	
OR Jacket Potato with Cheese & Beans	
OR Spicy Potato Cakes	
Peas & Baked Beans	
Home Made Strawberry Mousse	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	

Monday 26th March 2012	
Chicken with Mild Cajun Sauce & Steamed rice	
OR Jacket Potato with Cheese & Beans	
OR Macaroni Cheese & Herb Bread Wedges	
Seasonal Vegetables	
Pineapple Upside Down Pudding & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Tuesday 27th March 2012	
Cottage Pie Topped with Mashed Potato	
OR Jacket Potato with Bacon & Cheese	
OR Quorn Mince Cottage Pie	
Seasonal Vegetables	
Home Made Fruit Jelly & Ice Cream	
OR Fruit Yoghurt	
OR Fresh Fruit	
Wednesday 28th March 2012	
Tuna, Tomato & Bean Pasta Bake	
OR Jacket Potato with Cheese & Beans	
OR Chickpea, Tomato Bean & Pasta Bake	
Seasonal Vegetables	
Sultana Sponge & Custard	
OR Fruit Yoghurt	
OR Fresh Fruit	
Thursday 29th March 2012	
Roast Beef & Y. Pudding, Roast Potatoes & Gravy	
OR Jacket Potato with Chicken & Tomato Sauce	
OR Classic Lentil Roast	
Served with Seasonal Vegetables	
Individual Smooth Yoghurts	
OR Fresh Fruit	
Friday 30th March 2012	
Omega Three Fish Fingers	
OR Jacket Potato with Cheese & Beans	
OR Spicy Bean Burger with Home Made Tomato sauce	
Mashed Potato, Peas & Baked Beans	
Home Made Bread & Butter Apple Pudding	
OR Fruit Yoghurt	
OR Fresh Fruit	
Name & Class	

